



## Brennan North Hospital

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### Foot Posture Index ©Anthony Redmond

TEST

TRACK

		Score 1		
		Date	17/01/2022	
		Note		
	Factor	Plane	Left 2 to +2	Right 2 to +2
Rear foot	Talar head palpation ?	Transverse	2	2
	Supra and infra lateral malleolar curvature ?	Frontal / Transverse	0	1
	Calcaneal frontal plane position ?	Frontal	1	1
Forefoot	Prominence in the region of the talonavicular joint ?	Transverse	1	0
	Congruence of the medial longitudinal arch ?	Sagittal	0	2
	Abd-Adduction of the forefoot on the rearfoot ?	Transverse	1	2
Total			5	8

  

**Reference values**

<span style="background-color: green; width: 20px; height: 10px; display: inline-block;"></span> Normal = 0 to +5	<span style="background-color: orange; width: 20px; height: 10px; display: inline-block;"></span> In pronation = +5 to +9. In supination = -1 to -4	<span style="background-color: red; width: 20px; height: 10px; display: inline-block;"></span> Highly in pronation > +10 Highly supine < -5
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